**RD Name: RD ID #:**

| **Date /Time** | **Learning Activity**  **(Brief Description)** | **Learning resources used**  **(list & append when applicable)** | **Learning Outcomes: Concepts and**  **implications for future dietetics practice learned from the reflection of**  **activity[[1]](#footnote-1)** | **Reflecting on the** [***Integrated Competencies for Dietetic Education and Practice***](https://www.pdep.ca/library/PDEP-Policies/Integrated-Competencies-For-Dietetic-Education-And.aspx) ***(ICDEP),* list Practice Competencies with specific performance indicators aligned to your specific learning outcomes** |
| --- | --- | --- | --- | --- |
|  |  |  |  |  |
|  |  |  |  |  |

1. Append applicable learning outcome samples e.g., teaching tool developed [↑](#footnote-ref-1)