I completed my Bachelor's and Masters's Degrees and a Diploma in Gerontology at the University of Toronto and a dietetic internship at Toronto General Hospital. I have worked as a Community Dietitian and in Private Practice, in Clinical Nutrition with a special interest in Sports Nutrition, as well as consulting with a wide variety of groups including government ministries, media and national food companies. I had the honour of representing Canada at two Olympic and three Pan American Games. Until recently I taught Nutrition, Communication and Counselling to dental students at the University of Toronto where I received two Master Teacher awards.

I have been on Council previously and was actively involved in the development of CDO's Temporary Class of Registration which enables new graduates with job offers to work, while waiting to write the CDRE. My varied national and local experiences with dietitians and CDO, over the years and recently, have helped enhance many skills and reinforced the pride I have in the high calibre of the academic and practical training we have in our profession. I have been especially impressed with the significant and ongoing efforts of the College, working with talented and committed Ontario dietitians, in expanding programs and resources for internationally trained applicants. I am enthusiastic, focused and goal-oriented. My priorities include fairness, equity and a team approach.

Dietetics continues to evolve, bringing new and updated competencies, improvements and challenges. It would be my privilege to serve on Council again as CDO continues to fulfill its mandate to protect the public interest while working with the profession.

February 22, 2022