

Building Together on the Foundations of Health Profession Self-Regulation



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COLLEGE VALUES

Public Interest

Integrity

Collaboration

Accountability & Transparency

I love learning and I welcome change. Apparently, I've come to the right place. I am honoured to be writing this as the College's new Registrar and Executive Director.

During the recruitment process I did my homework about the College and its members. What did I learn? That this is a College that is forward-thinking, dynamic and committed to the public interest. Its members, RDs, are dedicated health professionals. As a member of a self-regulated profession myself, it is important to me to be part of an organization that takes seriously its mandate to protect the public while at the same time respecting its members.

I have had a long-time interest in health law and policy, and I was fortunate to start working in the health regulatory field while I was completing my articles as a law student. As a lawyer in private practice, I was in-house counsel at two other health regulatory colleges. Through this experience, I developed a thorough understanding of health profession self-regulation. While this College and this profession are new to me, I look forward to applying my knowledge and experience to build on the important work of self-regulation together.

Change that is well-planned leads to growth and innovation. The introduction of a new Registrar is always a significant change for a regulator, and we need to think of change not just as shifts in an organization but as an opportunity for continuous quality improvement. By adopting a commitment to change as an ongoing theme instead of a discrete event, we will ensure that we excel at protecting the public.

Earlier this year, by pure coincidence, I started seeing a dietitian for the first time. Like many people, I try to eat a well-balanced diet but I knew there was room for improvement. Through just a few visits, I've gained a greater appreciation for the role that food plays in our overall health and well-being. Admittedly, I am not the most compliant patient and I am still working on incorporating my RD's recommendations (I like change but don't always find it easy!) but I am already experiencing the benefits of getting personalized, educated nutrition advice.

Over the coming months, I look forward to meeting and speaking with members and learning more about the profession of dietetics. I encourage you to get in touch with questions or comments about regulation and how the College can support you in providing safe, ethical, and quality care.

