

Special Diet Allowance

Changes to the Special Diets Schedule Clarification to Approved Health Care Professionals

Effective December 18, 2012, **Prader-Willi Syndrome** and **unintended weight loss due to Renal Failure (Glomerular Filtration Rate <30)** have been added to the list of eligible medical conditions for which a Special Diet Allowance (SDA) may be provided.

Prader-Willi Syndrome:

If an applicant who has been diagnosed with Prader-Willi Syndrome would benefit from dietary intervention in the form of the “Red Yellow Green” diet,¹ he or she may be eligible to receive an SDA.

Unintended Weight Loss due to Renal Failure:

If an applicant with Renal Failure (Glomerular Filtration Rate <30) is experiencing unintended weight loss under one of the following two categories listed below, he or she may be eligible to receive an SDA:

- > 5% and ≤ 10% of usual body weight
- > 10% of usual body weight

Instructions for Completing the Application Form

If the applicant has **Prader-Willi Syndrome** and would benefit from the “Red, Yellow Green” diet, the approved health care provider must complete section 2 of the application form, as well as the corresponding section of the insert by: (1) checking the box; (2) indicating the length of time the special diet is required; and (3) initialing the insert. The applicant must remember to complete section 1 and sign section 4 of the application form and return it, along with the completed application insert.

As per current policy, identification of the Prader-Willi Syndrome diagnosis should be documented in the patient’s medical record.

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¹ Dietary intervention is a significant component of the overall management of this syndrome, and requires both modifications in the context of a normal diet, as well as the implementation of a highly structured eating regime. The “Red Yellow Green” diet was developed to meet the nutritional needs of persons with Prader-Willi Syndrome, as well as reduce the severity of symptoms.

If the applicant has experienced **unintended weight loss due to Renal Failure (Glomerular Filtration Rate <30)**, the approved health care provider must complete section 2 of the application form, as well as the corresponding section of the insert by: (1) checking the box; (2) indicating the length of time the special diet is required; and (3) initialing the insert. The applicant must remember to complete section 1 and sign section 4 of the application form and return it, along with the completed application insert.

As per current policy, identification of unintended weight loss due to Renal Failure (Glomerular Filtration Rate <30), should be documented in the patient's medical record.

(NOTE: This notice is intended for information purposes only – please do not use it for identifying an eligible condition or include it with the completed application)